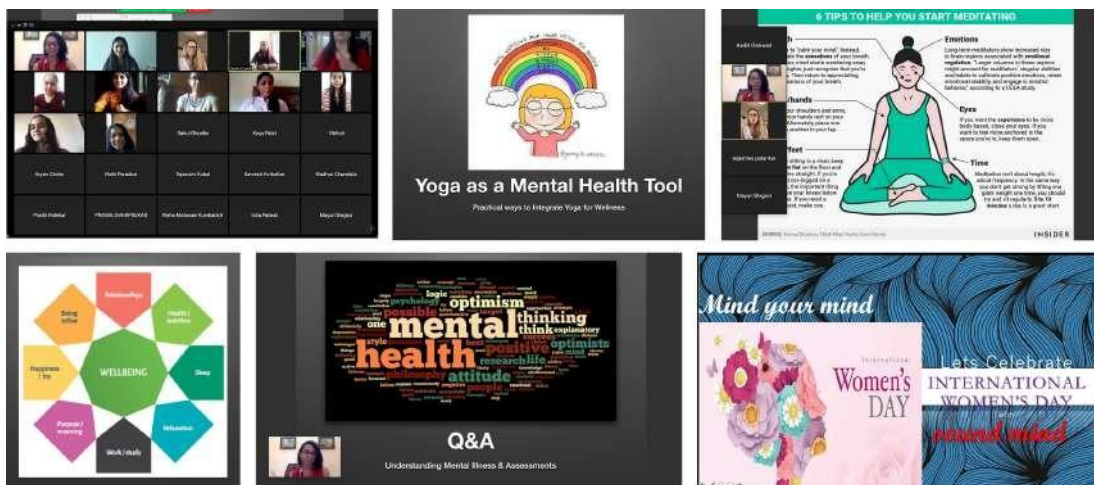


Women Development Cell



Faculty in-charge: Dr. Tejashree Patankar

Student Secretary: Ms. Yukta More

This academic year was quite a dynamic year for the Women Development Cell of R. A. Podar College of Commerce and Economics (Autonomous). The cell was successful in bringing events and spreading awareness through digital platforms.

The first activity conducted by the forum was a Mental Health Wellness Talk hosted by Cristin Marona and Nadia Ahmed, in collaboration with Yoga for Wellness. The webinar turned out fruitful and interactive, trying to induce seeds of the importance of mental health, understanding mental health better, answered common myths and brought the students a step closer to a healthy mind. It reached out to over 250+ college students, making a strong impact virtually.

On the occasion of 26th International Women's Day with the theme "CHOOSE TO CHALLENGE", the cell conducted a Sound Mind Management session by Mr. Jusstine Shon, for the female teaching, non-teaching staff, and student members. A short film was streamed and interpreted to create awareness about sexual assault faced by women. A self-defence workshop was conducted in collaboration with Podar Judo Club, for all the students. The event was highly appreciated by female teaching, non-teaching staff members and students, and turned out to be useful.